June 2025

Celebrate JRPM with your

favourite activity and share a

photo of you online with the

hashtag. #JRPMinWilmot



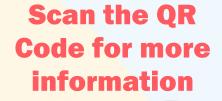
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Its Recreation and Parks look at the monthly challenges and TRY – IT PROGRAMS.	Celebrate Environment Week by exploring the Mike Schout Wetlands Preserve.	It's World bicycle Day! Grab your helmet and get some exercise on the Schmidt Woods Trail.	4 Download your JRPM Bingo & colouring page or pick up at the Wilmot Recreation Complex.	5 TRY – IT PROGRAM \$1.00 High Intensity Aquafit 12:10pm – 12:50pm	TRY – IT PROGRAM Family Lessons \$23.01 5:00pm – 5:30pm and Evening open swim \$2.50 7:30pm – 9:00pm	Enjoy an Afternoon picnic with your family at the Arboretum in New Hamburg.
8	9	10	11	12	13	14
Visit your closest neighborhood park, check out our <u>Interactive Search Tool</u> .	Download and participate in our colouring contest for Water safety week LINK	TRY – IT PROGRAM \$1.00 High Intensity Aquafit 6:45am – 7:30am	Cloud watch of Star Gaze at Haysville Community Park.	TRY – IT PROGRAM \$1.00 All Ages Pickleball Register pick up HUB.	Visit the outdoor pickleball courts at the New Dundee Community Park.	Visit Castle Kilbride for Whimsy and Wonder 10am or 1 pm registration required.
Celebrate Dad today by exploring any of our 10 trails here in Wilmot!	Complete 5 minutes of meditation to ground yourself.	17 TRY – IT PROGRAM \$1.00 Step and Strength 5:30pm – 6:30pm Wilmot Recreation Complex	Visit Livingston Square and <u>Castle Kilbride</u> to learn about the history in our community.	TRY – IT PROGRAM \$1.00 FUNdamentals 9:00am – 10:00am Wilmot Recreation Complex	Celebrate Summer Solstice by hiking Walker Woods Trail, collect leaves & get creative at home.	Pack a picnic dinner at the Petersburg Community Park.
Plan a <u>Backyard Family</u> <u>Obstacle Course</u> for some friendly competition.	23 TRY – IT PROGRAM \$1.00 Aquafun 6:30pm – 7:30pm	TRY – IT PROGRAM \$1.00 Chair Yoga 10:45am – 11:45am Wilmot Recreation Complex.	Bingo and colouring contest due today at 5:00pm.	Go for a walk with your family around your neighborhood.	The winner announced for colouring contest and Bingo card.	Celebrate the end of the school year this week with a visit the Splash Pad.
29	30		the OR	#IRP	MinWilmot	



Celebrate Canada Day

weekend with an adventure on the Nith river from

the boat launch at Scott Park.







Bingo 2025

Recreation and Parks Month Active living is healthy living

Go for a swim at the recreation complex.	Go for a walk on the Mike Scout Wetlands.	Go for a bike ride around your neighborhood.
Participate in one of the TRY IT programs.	Get active, play a sport, pickleball or go for a run.	Share a photo of you on participating in recreation #JRPinWilmot.
Have a picnic in the park.	5 min meditation.	Visit the Splash Pad at Wilmot Recreation Complex.



Snap a photo of each item as you complete them.

When you get BINGO email misha.habel@wilmot.ca

for a chance to win a Free Family Swim Pass

#JRPMinWilmot

