## June 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Its Recreation and Parks look at the monthly challenges and TRY – IT PROGRAMS.	Celebrate Environment Week by exploring the Mike Schout Wetlands Preserve.	It's World bicycle Day! Grab your helmet and get some exercise on the <u>Schmidt Woods Trail</u> .	4 Download your JRPM Bingo & colouring page or pick up at the Wilmot Recreation Complex.	5  TRY – IT PROGRAM \$1.00  High Intensity Aquafit 12:10pm – 12:50pm	6  TRY – IT PROGRAM  Family Lessons \$23.01 5:00pm  – 5:30pm and Evening open swim \$2.50 7:30pm – 9:00pm	Enjoy an Afternoon picnic with your family at the Arboretum in New Hamburg.
Visit your closest neighborhood park, check out our <u>Interactive Search Tool</u> .	Download and participate in our colouring contest for Water safety week LINK	TRY – IT PROGRAM \$1.00 High Intensity Aquafit 6:45am – 7:30am	11 Cloud watch of Star Gaze at Haysville Community Park.	12  TRY – IT PROGRAM \$1.00  All Ages Pickleball Register pick up HUB.	Visit the outdoor pickleball courts at the New Dundee Community Park.	Visit Castle Kilbride for Whimsy and Wonder 10am or 1 pm registration required.
Celebrate Dad today by exploring any of our 10 trails here in Wilmot!	Complete 5 minutes of meditation to ground yourself.	17  TRY – IT PROGRAM \$1.00  Step and Strength 5:30pm – 6:30pm  Wilmot Recreation Complex	Visit Livingston Square and <u>Castle Kilbride</u> to learn about the history in our community.	TRY – IT PROGRAM \$1.00 FUNdamentals 9:00am – 10:00am Wilmot Recreation Complex	Celebrate Summer Solstice by hiking Walker Woods Trail, collect leaves & get creative at home.	Pack a picnic dinner at the Petersburg Comm unity Park.
Plan a <u>Backyard Family</u> <u>Obstacle Course</u> for some friendly competition.	23  TRY – IT PROGRAM \$1.00  Aquafun 6:30pm – 7:30pm	TRY – IT PROGRAM \$1.00 Chair Yoga 10:45am – 11:45am Wilmot Recreation Complex.	Bingo and colouring contest due today at 5:00pm.	Go for a walk with your family around your neighborhood.	The winner announced for colouring contest and Bingo card.	Celebrate the end of the school year this week with a visit the Splash Pad.
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weekend with an adventure on the Nith river from

the boat launch at Scott Park.

Celebrate JRPM with your favourite activity and share a photo of you online with the hashtag. #JRPMinWilmot



## Bingo 2025

Recreation and Parks Month Active living is healthy living

Go for a swim at the recreation complex.	Go for a walk on the Mike Scout Wetlands.	Go for a bike ride around your neighborhood.
Participate in one of the TRY IT programs.	Get active, play a sport, pickleball or go for a run.	Share a photo of you on participating in recreation #JRPinWilmot.
Have a picnic in the park.	5 min meditation.	Visit the Splash Pad at Wilmot Recreation Complex.



Snap a photo of each item as you complete them.

When you get BINGO email misha.habel@wilmot.ca

for a chance to win a Free Family Swim Pass

**#JRPMinWilmot** 

